STATE CLINIC

Hosted At Carolina Elite

Kick off your season with an unforgettable weekend of training at our world-class facility, led by expert coaches and clinicians from across the sport. Together, we'll sharpen skills, fuel motivation, and prepare to compete at our highest level in the season ahead!



Where: Carolina Elite, Archdale NC

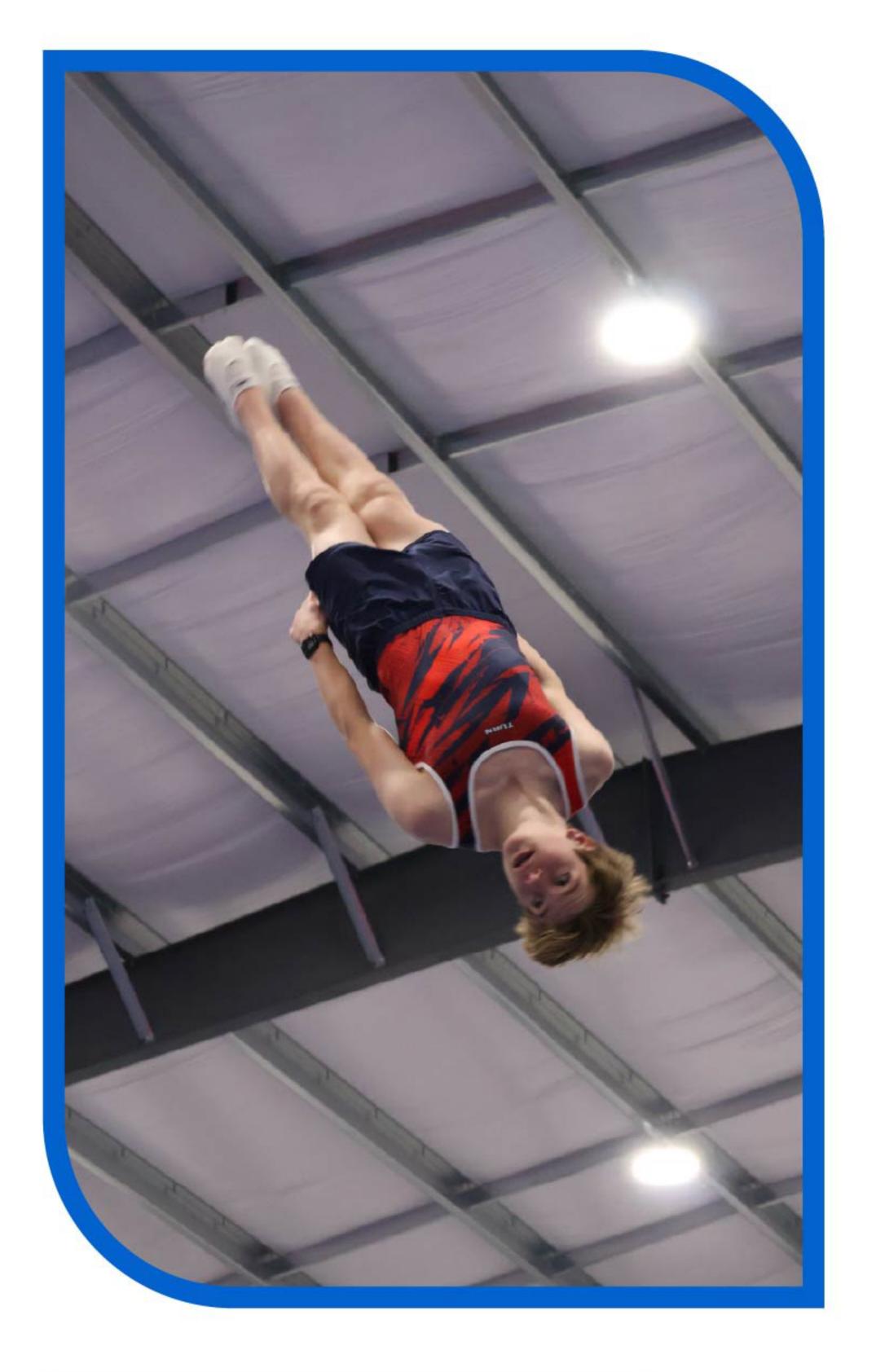
Cost: \$150 Per Athlete

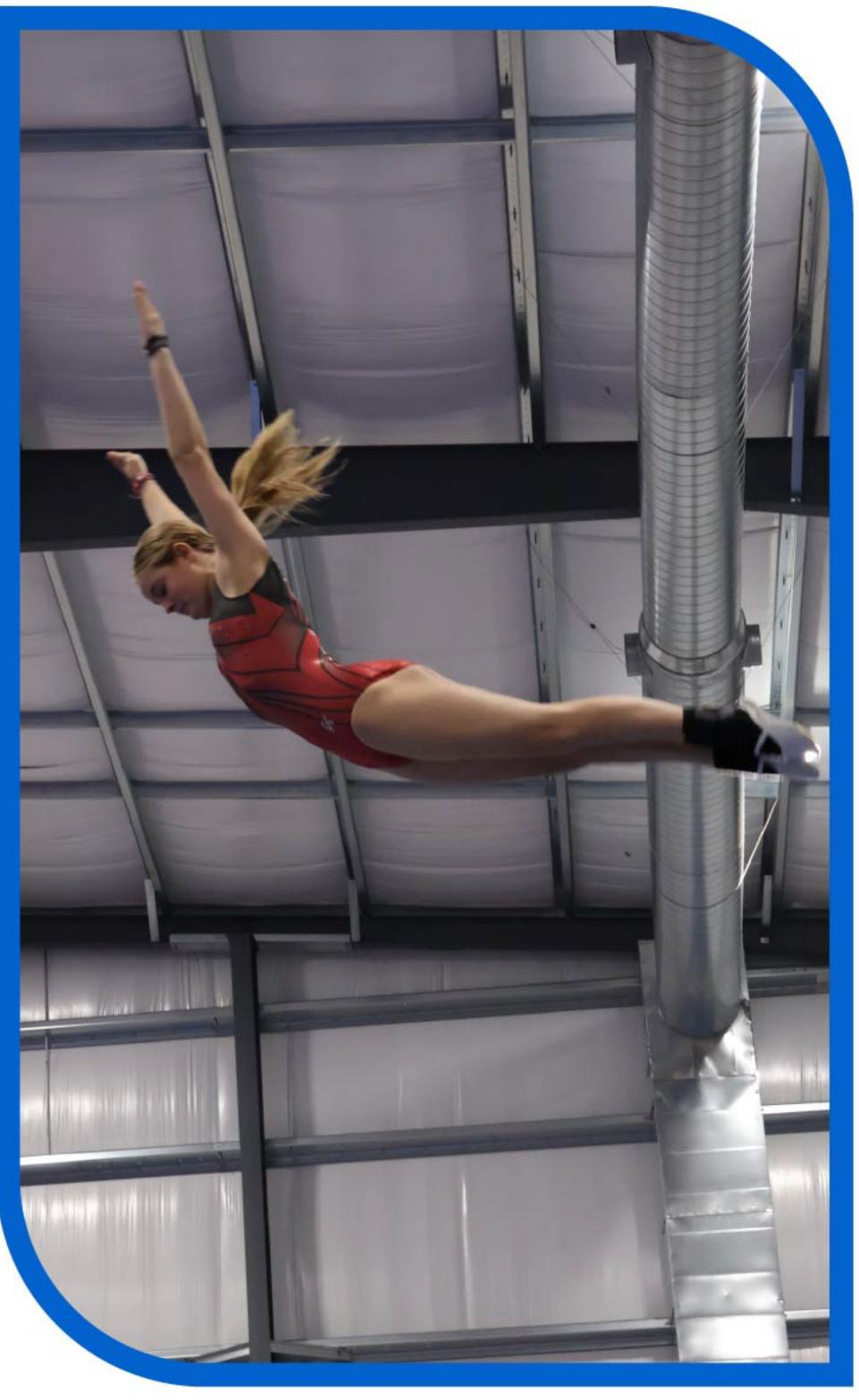
Skill Level: All USAG Competition Team Athletes Levels 1-10 & Elite NC/SC Elite Athletes may either attend or assist for volunteer credit.

NC & SC Athletes: Registration Opens August 22

Visiting Athletes: Registration Opens September 1st (if space allows)
All Registrations must be done through the USAG Meet Reservation System

Profits from the State Clinic will go directly towards scholarships and travel grants to high level athletes in our state to cover costs associated with represnting NC, SC, and Team USA.





Schedule:

Saturday, October 11th

Athlete Check In
Warm Up & Stretch
Rotations 1 & 2
Open Training
Lunch Provided (BBQ)
Seminar (Coach Nick)
Warm Up & Stretch
Rotations 3 & 4
Open Training
Line Up & Dismissal

Sunday, October 12th

Soliday, October	
8:30 - 9:00	Athlete Check In
9:00 - 9:20	Warm Up & Stretch
9:20 - 10:40	Rotations 5 & 6
10:40 - 11:00	Snack Break
11:00 - 12:20	Rotations 7 & 8
12:20 - 12:50	Open Training
1:00 - Until	Awards & Group Picture

Event Facility makes use of 8 Olympic Trampolines, 2 Euro Double Mini Trampolines, FIG Spec Rod Floor, 60' Tumble Track, Air Bag, and More!

Keynote Coaches:



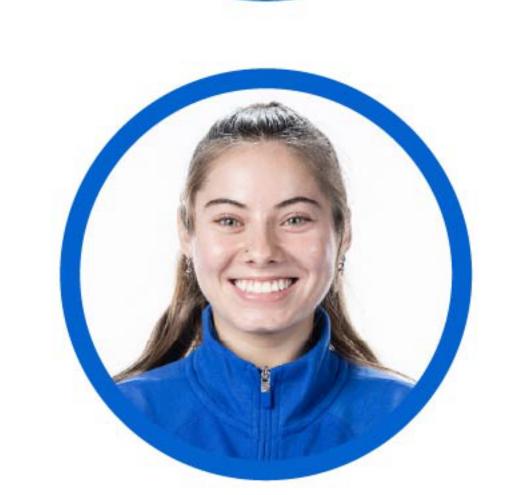
Coach Paul Bretscher

Member of the USA Sr National Team for Trampoline. 2025 Pan American Champion. USA National Champion.



Coach Clare Bretscher

Member of the USA Sr National Team for Trampoline. USA National Champion, World Flower Cup Medalist, USA Gymnastics Judge.



Coach Gracie Harder

World Games Silver Medalist, World Championship Bronze Medalist, Sr National Team Athlete, USA Category 1 Judge.



Coach Trevor Harder

USA SR National Champion, 2022 Pan American Champion, TRA & DMT Sr National Team Member, USA Category 1 Judge.

In addition to the amazing National Team Athletes - Coaches, we will also have the wonderful Starmakers Head Coach Shauna Hines, Ultimate Kids Head Coach Fred Parker, Cabbarus County Gymnastics Head Coach Sam Grooves, and Carolina Elite Head Coach Nick Minney.