



You're Invited!

We keep an eye on which athletes in our classes work hard, listen well, and have the ability to do advanced T&T gymnastics. After seeing your athlete demonstrate each of these pillars, we would like to invite them to move up to our competition team!

Our team is a community of athletes that spend extra time in the gym—growing together, strengthening their abilities, building confidence through hard work, and learning to live brave and DREAM BIG. Competitions and events are fantastic times to benchmark and celebrate all that the athletes have accomplished.

Did you know that Trampoline is an Olympic Sport?

Trampoline started as a standalone discipline of gymnastics in the early 20th century. After the first World Championships in 1964, the sport went on to make its Olympic Debut at the 2000 Sydney Olympics. It is competed around the world by over 100,000 athletes and our team is home to multiple National Champions and International Team USA competitors.

We think that YOU have what it takes to be part of our team's legacy!

There will be a Parent Information Meeting on July 15th.

New team groups start training the week of August 1st.

Team Handbook, Pricing, Calendars, & Other Great Info Available Online Under "Team" Tab at www.CarolinaTrampoline.com