



Sibling Duo Sweeps GOLD!



Gracie Harder



Trevor Harder

2025 USA DOUBLE MINI TEAM

WORLD CHAMPIONS

Pamplona, Spain - Nov 5-9 2025

Trampoline Swan

CAROLINA ELITE
TRAMPOLINE & TUMBLING

SIBLING DUO MAKES HISTORY: TEAM USA SWEEPS GOLD AT TRAMPOLINE WORLD CHAMPIONSHIPS

Pamplona, Spain — November 5–9, 2024

Gracie (20) and Trevor Harder (23) — First Brother–Sister World Champions in Trampoline Gymnastics

Amid competition from 47 nations, North Carolina siblings **Gracie and Trevor Harder** made history at the 2025 Trampoline Gymnastics World Championships by helping lead Team USA to gold medals in both the Men's and Women's Double Mini-Trampoline Team Finals. Both became World Champions on the same day — a first-ever moment in Double Mini gymnastics history for a brother and sister.

Trevor, the 2022 Pan American Champion, opened for Team USA in the Men's Team Final with an explosive routine featuring a triple front pike half-out to half-in triple pike half-out — one of the most difficult combos in the world. "I wasn't just flipping out there for myself," Trevor said. "I was flipping for my team, for Team USA — and it was incredible."

After strong passes from the remaining two American men and women, Gracie — the 2025 World Games Silver Medalist — closed the Women's Final with a clutch, high-difficulty routine to secure the gold. "I definitely had something to prove," she said. "And we crushed it!"

Their standout performances helped Team USA sweep both podiums, earning **back-to-back World Championship titles** in the Double Mini-Trampoline Team Finals for the men and women at the Navarra Arena. And in what is believed to be a first in the sport's history, Gracie and Trevor — brother and sister — each became World Champions on the same day, leading their respective teams to gold in an unforgettable display of talent, heart, and family legacy — adding to the already rich and storied history of Team USA, USA Gymnastics, and the amazing discipline of Double Mini Trampoline.

BACK HOME: BUILDING THE NEXT GENERATION: Beyond the podiums, Gracie and Trevor are both coaches at Carolina Elite Trampoline & Tumbling in High Point, North Carolina, where they mentor the next generation of young athletes to believe big, work hard, and soar — in and out of the gym. For the Harders, greatness isn't just medals — it's about giving back, lifting up others, and inspiring tomorrow's champions.

JOIN US IN CELEBRATING THESE WORLD CHAMPIONS: Gracie, Trevor, and their Team USA teammates are available for interviews, spotlights, sponsorships, and appearances. Let's celebrate this incredible moment — and inspire more young people to **DREAM BIG!**

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FACT SHEET: 2025 Trampoline Gymnastics World Championships – Pamplona, Spain

LINK TO HIGH RESOLUTION PHOTOS that can be used in this story:

<https://www.dropbox.com/scl/fo/favprujrlaa7oo4tqelvt/ANt2rjbFfODXwsVtjZgM2U?rlkey=e7td1y7f3fgvteuv96qe0a3kr&st=j9ceuwhv&dl=0>

EVENT OVERVIEW

- Event: 2025 Trampoline Gymnastics World Championships
- Dates: November 5–9, 2024
- Location: Navarra Arena, Pamplona, Spain
- Sanctioning Body: Fédération Internationale de Gymnastique (FIG)
- Disciplines: Trampoline (TRA), Double Mini-Trampoline (DMT), Tumbling (TUM), and Synchro Trampoline (SYN)
- Nations Represented: 47
- Athletes: 500 competitors from around the world

TEAM USA RESULTS – DOUBLE MINI-TRAMPOLINE

Male Athletes Team: Trevor Harder, Simon Smith, Ruben Padilla, West Fowler, Max Poveda

Female Athlete Team: Gracie Harder, Aliah Raga, Kennedy Roberts, Susan Gill, Clara Mcnew

Coaches: Nicholas Minney & Sven Neilsen

Format: 3-round head-to-head team final — one athlete per nation performs each round; (10 points for 1st place, 8 points for second place, 6 points for third place, ect). Highest score earns points toward team to

HISTORIC FIRST

- **Gracie (20)** and **Trevor Harder (23)** are *the first brother–sister pair* in gymnastics history to each win World Championship gold on the same day, in Men’s and Women’s Double Mini-Trampoline Team Finals.
- Both train and coach at Carolina Elite Trampoline & Tumbling in High Point / Archdale, North Carolina, USA.

ABOUT CAROLINA ELITE TRAMPOLINE & TUMBLING

- **Head Coach:** Nicholas Minney
- **Location:** 5429 Prospect Ct, Archdale, NC
- **Website:** www.CarolinaTrampoline.com
- **Mission:** To build world-class athletes and strong, confident individuals through the discipline and joy of trampoline gymnastics. Carolina Elite is one of the top trampoline clubs in the world, boasting multiple national champions and world champions.
- **Programs** ranging from preschool and beginner levels to Elite-level Trampoline & Tumbling for youth through adult athletes.

ABOUT DOUBLE MINI-TRAMPOLINE (DMT)

- DMT is a FIG-recognized gymnastics discipline combining sprint speed, explosive acrobatics, and precision landings.

- Athletes sprint, jump onto the double mini-trampoline, jump as high as 20 feet in the air, perform 2 skills that combine somersaults and twists, then land on a mat, similar to the vault exercise in artistic gymnastics.
- It's known for its fast-paced, high-flying excitement and growing global fanbase.

Additional Articles that can be cited as a source for story:

LINK TO HIGH RESOLUTION PHOTOS that can be used in this story: [\[Drop Box Link\]](#)

Official event article on the story:

<https://www.gymnastics.sport/site/news/displaynews.php?urlNews=4648785>

USA Gymnastics article on the victory:

<https://usagym.org/u-s-teams-win-two-gold-one-silver-medal-friday-at-tt-worlds/>

USA Gymnastics Profile on Gracie Harder

<https://members.usagym.org/pages/athletes/nationalTeamTT.html?id=656396>

USA Gymnastics Profile on Trevor Harder:

<https://members.usagym.org/pages/athletes/nationalTeamTT.html?id=656397>

Staff Bio Page on Carolina Elite:

<https://www.carolinatrampoline.com/meet-our-coaches>

Facts on Coach Nicholas Minney:

- Former Elite Level Athlete and USA National Champion
- USA Gymnastics Elite Committee Chair
- USA Gymnastics Olympic Selection Committee Chair
- Author of several books on Trampoline Gymnastics including the Trampoline Fundamentals Textbook
- Founder of Carolina Elite Trampoline Academy and TrampolineSwag.com
- Has served USA as an international coach in various capacities since 2017