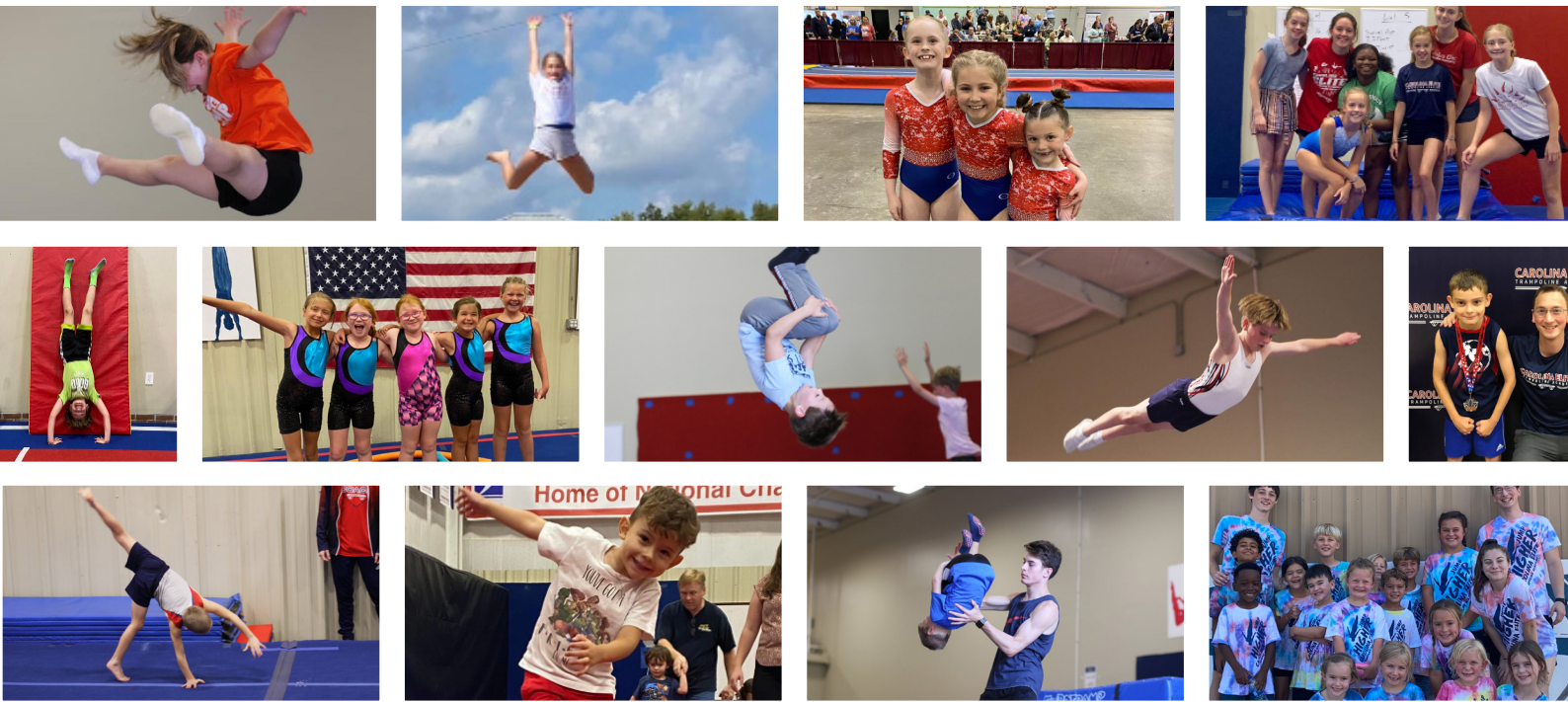


# SUMMER -CAMP-

At Carolina Elite Trampoline & Tumbling



Elevate Your Summer Fun!

July 2024

[www.CarolinaTrampoline.com](http://www.CarolinaTrampoline.com)

# BOUNCE INTO THE BEST SUMMER CAMP EVER!

## GREAT FUN FOR AGES 6 & UP!

Get ready to elevate your child's summer to new heights with our trampoline summer camp! Packed with high-flying excitement and boundless energy, our camp offers an exhilarating experience like no other. From mastering new tricks to bouncing with friends, your child will embark on a journey of fun, fitness, and friendship.

**Screen-Free Fun:** In today's digital age, it's important to provide opportunities for kids to unplug and engage in active, screen-free activities. Trampoline camp offers a refreshing break from screens, allowing your child to connect with the real world and enjoy the simple pleasures of fellowship and play.

**Fitness:** Our camps offer a perfect blend of fun and fitness. While bouncing and playing games, your child will be getting a great workout without even realizing it. It's a fantastic way to keep them active and healthy during the summer months.

**Skill Development:** Trampolining is not only about jumping up and down – it involves coordination, balance, and body control. At trampoline camp, your child will have the opportunity to develop these skills under the guidance of experienced coaches who will help them progress at their own pace.

**Boosts Confidence:** Mastering new trampoline tricks and techniques can be incredibly empowering for children. As they overcome challenges and achieve their goals, they'll gain confidence in themselves and their abilities, which will benefit them both on and off the trampoline.

**Social Interaction:** Trampoline camp is a great place for your child to make new friends and build lasting friendships. Through teamwork, encouragement, and shared experiences, they'll develop social skills and learn the value of cooperation and camaraderie.

**Unforgettable Memories:** Trampoline camp is not just about the bouncing – it's about the memories your child will create. From mastering new tricks to laughing with friends, every moment at camp is an opportunity for adventure and excitement that they'll remember for years to come.



# 2024 SUMMER CAMPS



## THE SOARING CIRCUS! JULY 8 - 12

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Step right up to the greatest trampoline carnival on earth, complete with games, prizes, and thrilling aerial performances. Come one, come all, to join the amazing fun!



## FLYING NINJA WEEK JULY 15 - 19

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Calling all aspiring ninjas! Dive into a summer of excitement at our Ninja Trampoline Camp. Learn gravity-defying flips, overcome fun and safe parkour obstacles, and learn epic aerial maneuvers while bouncing to new heights.



## JUMP AROUND THE WORLD JULY 22 - 26

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Explore different cultures and destinations through trampoline games, activities, and challenges inspired by countries around the globe.



## OLYMPIC ADVENTURES JULY 29 - AUG 2

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Now announcing: The champions of tomorrow! Throughout this week at trampoline camp, athletes will participate in a week-long survey of Olympic Sports, of course, with special attention to the most amazing one of all: Trampoline!



# THE SOARING CIRCUS!

**JULY 8TH - 12TH, 2024**

Step right up to an unforgettable week of summer fun at Carolina Elite's Soaring Circus Camp! Join us for a week filled with gravity-defying flips, dazzling acrobatics, and circus-inspired excitement. Unleash your inner performer, soar to new heights, and create lifelong memories in our thrilling circus-themed adventure!

**Amazing Trampoline Acts:** Campers will learn the amazing skills of trampoline gymnastics from our Olympic Trampoline experts! Starting with a foundation of strength, flexibility, and safety training, athletes will go on to work flips, twist, and specialty tricks in the awesome sport of trampoline!

**Power Tumbling Extravaganza:** Cartwheels, somersaults, walkovers, handsprings, and more will be built during the week of the soaring circus with time dedicated each day to working on the tumbling skills of our campers.

**Circus Skills Workshops:** Campers will learn various circus skills like juggling, plate spinning, hula hooping, and balancing on a slackline, in addition to their trampoline training.

**Carnival Games:** In addition to training the skills of the circus, our campers will enjoy the games of the carnival with classics like ring toss, bean bag toss, and balloon darts that will add to our the circus-themed fun.

**Circus Crafts:** During the week, campers will make circus-themed crafts such as clown masks, animal masks, mini trapeze swings, or even their own circus posters.

**Visit to the NC Zoo:** During the week, we will make a day trip out to the NC Zoo with our campers to visit elephants, alligators, lions and more! (Parent chaperones are welcome on field trip days).

**Grand Finale Show:** We will conclude the camp with a spectacular grand finale show where campers present their trampoline routines and circus acts to family!





# FLYING NINJA WEEK

JULY 15TH - 19TH, 2024

Join us for an exhilarating adventure at our Ninja-themed camp, where kids can unleash their inner warriors in a safe and exciting environment! Enroll now and let the ninja adventures begin!

**Ninja Obstacle Course:** In addition to our regular trampoline training, we will set up obstacle course with various challenges like rope swings, balance beams, tunnels, and climbing walls for our aspiring ninjas to overcome!

**Gym-wide Dodgeball Tournament:** We will divide campers into teams and organize a soft dodgeball tournament across the entire gym of trampolines and safety mats. In a fun and safe environment, the ninja teams will test their speed and agility! Our coaches will guide the campers promoting teamwork, skill development, and a spirit of friendly competition.

**Ninja Warrior Training:** We will create stations around the trampoline gym where campers can practice ninja warrior skills such as climbing, jumping, and swinging. We will provide guidance and encouragement as they develop their abilities.

**Ninja Crafts:** We will create crafts where campers can make their own ninja headbands, masks, and throwing stars (using safe and age-appropriate materials)!

**Games and Challenges:** We will organize games and challenges inspired by ninja training. For example, we will have a stealth challenge where campers must move silently across a designated area without being detected, or a memory game where they must remember and replicate a sequence of ninja moves.

**Flying Ninja Showcase:** At the end of the week, our awesome ninja families will be invited to come see all that the campers have learned, from trampoline skills, to parkour tricks and more.





# JUMP AROUND THE WORLD!

JULY 22ND - 26TH, 2024

Trampoline is a sport that is enjoyed world-wide by hundreds of thousands of people every year! Some of the top athletes at Carolina Elite even travel to other countries to compete head to head in world championship competitions and friendship world cups. For this week of camp, we will be building fun skills and learning all about our friends around the world!

**International Trampoline Games:** In addition to our daily trampoline training, we will organize fun games and challenges on our equipment inspired by different countries' sports and traditions. For example, we will host a trampoline soccer match for Brazil and a trampoline snowboarding competition for Switzerland.

**World Tour Talent Show:** We will invite campers to showcase their talents from around the world in a talent show. Whether it's performing a traditional dance, singing a song in a foreign language, or demonstrating a unique skill, campers can celebrate the diversity of talents across the globe.

**Global Cuisine Day:** We will dedicate a day to exploring international cuisine. Set up food stations representing different countries where campers can sample snacks and dishes from around the world. (Details about food allergies will be sent ahead of camp).

**Passport Challenge:** Campers will create "passports" to collect stamps as they participate in various activities throughout the camp. Each stamp will represent a different country or landmark.

**International Friendship Day:** Celebrate friendship and cultural exchange with a special day dedicated to forging connections across borders. Campers can participate in team-building activities, games, and discussions centered around the theme of global unity. Each camper will then choose a country to represent as they show off the skills they learned throughout the week in a final showcase on Friday!



# OLYMPIC ADVENTURES

**JULY 29TH - AUG 2ND, 2024**

Now announcing: The champions of tomorrow! Throughout this week at trampoline camp, athletes will participate in a weeklong survey of Olympic Sports, of course, with special attention to the most amazing one of all: Trampoline!

**Trampoline Games:** Many people do not know that Trampoline Gymnastics is an Olympic Sport!! Athletes in every camp at Carolina Elite will get to enjoy the gravity defying fun of bouncing on our Olympic trampolines with our world class coaches.

**Creating The Olympic Torch:** Campers will learn about the history of the Olympics, including the original greek roots and the founding of the modern Olympic movement. To help them remember, we will have our own "Lighting the Torch" ceremony at the start of the week and each camper will build their own unique Olympic Torch replica!

**Multitude of Sports:** Athletes will survey many of the amazing sports that are competed around the world at the Olympics. Campers will compete together in the Olympic High Jump, Long Jump, Speed Races, Tumbling Gymnastics, and of course, Trampoline!!

**Water Day:** Since so many of the Olympic Sports revolve around the water, one day of camp we will take our campers to a local pool to practice their aquatic skills and have fun playing together! (Parent chaperones are welcome on field trip days, water day packing lists and dress code will be sent prior to camp start).

**Closing Ceremony Awards:** We will conclude the camp with a closing ceremony where your athlete will receive certificates of participation and awards for their achievements during the Olympic-themed activities. Celebrate their efforts and sportsmanship by joining us for the show!



# ALL CAMP DETAILS

Are you ready to **elevate** your child's summer to new heights with our amazing trampoline summer camps? From mastering new tricks to bouncing with friends, your child will embark on a journey of fun, fitness, and friendship with us this summer!

Each camp is welcome to kids ages 6 & up and will be filled with trampoline & tumbling training as well as themes and activities unique to each week. Each camp is available as a limited half day program (will participate in training, but not all the daily activities), and as a full day camp.

Each camp will also finish the week with a final showcase event. On Friday at lunch time, parents and grandparents are invited to come enjoy a skill show of what the campers have learned throughout the week. Each week's exact camp itinerary and schedule will be sent out at the close of registration.

## Camp Tuition:

Full Day Camp ~ **\$300 / Week Tuition** (8:30 AM - 5:30 PM Monday-Friday)

Half Day Camp ~ **\$200 / Week Tuition** (8:30 AM - 12:30 PM Monday-Friday)

## Camp Registration:

In addition to the camp tuition, there is a \$25 non-refundable deposit required for each camp registration. Camp tuition is required to be paid in full one week prior to each camp. Camp tuition paid in full before May 1st will receive a 10% early bird discount.

To register for one or more camps, please use the on-line parent portal available at [www.CarolinaTrampoline.com](http://www.CarolinaTrampoline.com) or call us at (336) - 307 - 3073

## Packing List

We will provide everything needed for planned crafts and activities, but campers will need to pack individual lunch and snacks for each day. Campers will also need a water bottle, grip socks or trampoline shoes, and athletic apparel throughout the week.



**Carolina Elite Trampoline & Tumbling**

**Celebrating 5 years of flips, fun, and friendships!**

**Office: (336) 307 - 3073**

**Web: [www.CarolinaTrampoline.com](http://www.CarolinaTrampoline.com)**

**Location: 5460 Prospect Ct, Archdale NC 27263**